



**WEST BENGAL STATE UNIVERSITY**  
B.Sc. Honours 4th Semester Examination, 2021



**FNTACOR08T-FOOD AND NUTRITION (CC8)**

Time Allotted: 2 Hours

Full Marks: 40

*The figures in the margin indicate full marks.  
Candidates should answer in their own words and adhere to the word limit as practicable.*

**Answer any four questions from the following**

10×4 = 40

**All parts of a question should preferably be answered together**

1. Define the term "Community". Classify it. What are the factors that may affect health of the community? 3+3+4
2. Define Nutritional Assessment. Discuss the objectives of nutritional status assessment. What do you mean by "ABCD" analysis? Write a short note on: Utility of Nutritional assessment of human. 2+3+2+3
3. What is nutritional anthropometry? Discuss its importance. What are the anthropometric techniques used for the assessment of nutritional status of an infant. 3+3+4
4. What do you mean by clinical assessment? Write the identifying signs of Rickets, Nutritional anaemia, Xerophthalmia and Iodine deficiency in human. 2+(2×4)
5. What is diet survey? Discuss in brief any two methods of diet survey along with their advantages and disadvantages. 2+2+(3×2)
6. Explain your idea about family food security. Compare the clinical signs between Marasmus and Kwashiorkor. 2+4+4
7. Write short notes on:  
(i) Biophysical method for nutritional assessment  
(ii) Anthropometry.  
What are the limitations of biochemical assessment methods? 3+4+3
8. Write the clinical manifestations of all B vitamins deficiency. Mention it separately. 10
9. Write short notes on the following: 10  
(i) Significance of diet survey  
(ii) Basic characteristics of a community  
(iii) Measurement of MUAC and its significance  
(iv) ACU and its relevance.

**N.B. :** *Students have to complete submission of their Answer Scripts through E-mail / Whatsapp to their own respective colleges on the same day / date of examination within 1 hour after end of exam. University / College authorities will not be held responsible for wrong submission (at in proper address). Students are strongly advised not to submit multiple copies of the same answer script.*

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