

CURRICULUM VITAE

- NAME - SHARMISTHA MITRA

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<u>ACADEMIC QUALIFICATION</u>

<u>QUALIFICATION</u>	<u>BOARD/COUNCIL/ UNIVERSITY</u>	<u>YEAR OF PASSING</u>	<u>% OF MARKS</u>
MADHYAMIK	W.B.B.S.E	2009	64.38
HIGHER SECONDARY	W.B.C.H.S.E	2011	73.2
BA (PSYCHOLOGY)HONS	UNIVERSITY OF CALCUTTA	2014	58.63
MASTERS IN COUNSELLING PSYCHOLOGY	WEST BENGAL STATE UNIVERSITY	2016	66.95
POST GRADUATE DIPLOMA IN REHABILITATION PSYCHOLOGY	UNIVERSITY OF CALCUTTA	PURSUING	YET NOT COME OUT

- HOBBIES - INDIAN CLASSICAL DANCING, PAINTING

- PROJECTS UNDERTAKEN-
 1. A STUDY ON THE QUALITY OF WORK LIFE AND WORK LIFE BALANCE OF THE BANK EMPLOYEES ACROSS KOLKATA- SUPERVISED BY REMA BOSE.

 2. MENTAL HEALTH SERVICE REALITY IN WEST BENGAL'S GOVERNMENT RUN HOSPITAL- VIEWS OF THE FAMILY MEMBERS OF THE PERSON WITH MENTAL ILLNESS: A QUALITATIVE STUDY- SUPERVISED BY AMITAVA SENGUPTA.

 3. STRESS APPRAISAL, PERSONALITY AND COPING REPERTOIRE OF MOTHERS WITH DISABLED OFFSPRING, WORKING BOTH WITHIN & OUTSIDE THE FIELD OF DISABILITY: A COMPARATIVE INVESTIGATION WITH NON WORKING MOTHERS- SUPERVISED BY PROF.(DR.) NILANJANA SANYAL, DR. MANISHA DASGUPTA AND DR. TILOTTAMA MUKHERJEE.

 4. PERSONALITY FACTOR, SELF IMAGE PROFILE, UNDERLYING PERFECTIONISM, AND COPING STRATEGIES OF FEMALE INDIAN CLASSICAL DANCERS(BHARATNATYAM) AND CONTEMPORARY DANCERS: A COMPARATIVE STUDY- SUPERVISED BY SANCHITA GHOSH AND SATHI DAS.(DISSERTATION)

- **WORK EXPERIENCE-**

1. I WORKED AS A PSYCHOLOGIST AT THE CENTER WITH POTENTIAL FOR EXCELLENCE IN A PARTICULAR AREA (CPEPA) SLD OUT REACH PROGRAMME AT GOVERTMENT SCHOOLS UNDER UNIVERSITY OF CALCUTTA (FOR 9 MONTHS)

2. PRESENTLY, I AM WORKING AS GUEST LECTURER IN PSYCHOLOGY DEPARTMENT OF HIRALAL MAZUMDAR COLLEGE FOR WOMEN UNDER WEST BENGAL STATE UNIVERSITY AND I AM ALSO WORKING AS A PART TIME PSYCHOLOGIST AT SNEHANEER INSTITUTION FOR DISABLED.