

CURRICULUM VITAE

Name : Dr. Padmaja Bardhan
Father's Name : Late Byomkesh Mallik
Nationality : Indian
Religion : Hinduism

Academic Qualifications:

- ➔ Obtained **Ph.D in Psychology** in 1994 from Calcutta University.
Title of the Thesis – “Influence of Women’s home-life on their work-life”
- ➔ Passed **M.Sc** in 1976 from Calcutta University
- ➔ Passed **B.Sc.** in 1973 from Calcutta University with distinction
- ➔ Passed **Higher Secondary** in 1970 with science from Board of Higher secondary education, West Bengal.

Participation in Training Courses:

1. Participated in “Family Counselling Course” from 23.6.2000 to 22.7.2000 and successfully completed the same organized by State Legal Services Authority, West Bengal.
2. Attended the training program for the counselors of family counseling centres sponsored by central social welfare board, New Delhi from 9.4.94 to 23.4.94, organized by Jayaprakash institute of Social Change.
3. Participated in Zonal Refresher Course for trained counselors sponsored by Central Social Welfare Board, New Delhi from 17.6.93 to 20.6.93 and got award of appreciation.
4. Got trained in the Orientation Training Program for Secretaries and Family Counselors from 28.5.93 to 30.5.93 organized by West Bengal Social Welfare Advisory Board and Socio legal Aid Research and Training Centre.
5. Participated in “Family Court counselor’s Training Course” and obtained Grade – A from 28.11.91 to 21.12.91, organized by Legal Aid Services – West Bengal.

Experience:

1. In present, working as Management Supported Teaching Staff (MSTS) in Psychology at Hiralal Mazumdar Memorial College for Women, Dakshineswar from 13.12.2016.

2. Worked as **lecturer** in Psychology in **Bethune College, Calcutta** from 10th August, 1998 to 31st January, 2013.
3. Worked as a **lecturer** in :
 - a. U.G.C. sponsored workshop on Legal Awareness of Women on 21.04.2001 at Netaji Nagar College for Women.
 - b. A seminar on Family Counseling organized by LASWEB and City Health and Welfare Association on 15.5.1993.
 - c. A training program on River, Environment Education and Information sponsored by Ministry of Environment and Forest, National River Conservation Directorate Govt. of India, as Resource person on the topic “The Utility of Ecological Balance for a Decent Human Society” on 14.1.98
 - d. Legal Literacy Follow-up Program organized by Women’s Coordinating Council on 9.1.99, 25.1.99, and 27.2.99.
 - e. The workshop New self New life organized by Society for Assertion of Individuality and Personal Growth in September 1998.
4. Worked as **lecturer** in I.A.S. Training Centre, Presidency College, Calcutta from 2003 to 2009.
5. Worked as **Family Counselor in Legal Aid Services** – West Bengal, 5, K.S. Roy Road, Calcutta – 700 001 from January 1993 to February 1999.
6. Worked as a **Director**, 7th Family Counselor’s Training Course in 1997.
7. Worked as **counselor, Family Court, Calcutta** to assist the Judge, Family Court, Calcutta since April 4th, 1995.

Media Experience :

1. Broadcasted a talk on Legal Rights of Women in English at All India Radio on 11.1.96.
2. Broadcasted a talk on Family Counseling in English at All India Radio on 28.4.96.
3. Participated in a program on Women’s Issue on Doordarshan on 9.8.96.
4. Broadcasted a talk Legal Rights of Senior Citizens 1. 1. 2013.

Certificate of Honour:

1. Received Certificate of Honour for organizing Lok Adalat on 11th and 12th December, 1993 as LASWEB official.
2. Received Certificate of Honour for organizing Lok Adalat on 14th and 15th January, 1995 as LASWEB activist.

Achievements:

1. Participated in conducting the workshop “New Self New Life” in September 1998 with Society for Assertion of Individuality and personal growth.
2. Delivered a talk at Lifeline Foundation on 27.12.97.
3. Acted as a member of the committee constituted in compliance with the directions of the Supreme Court with regard to Non-Criminal Lunatics and visited different jails of West Bengal in October 1995.
4. Delivered a talk on Family counseling in a seminar organized by LASWEB on 15.5.93

Participations:

Workshops:

- a) Participated in the U.G.C. sponsored workshop on Changing Gender Perspectives in the National scenario on 3.3.2006 organized by Bethune College.
- b) Participated in the workshop on Post Traumatic Stress Disorder on 19.2.2006 organized by Eastern Zonal Psychological Association.
- c) Attended syllabus workshop on BA/B.Sc part II practical examination at Department of Psychology, Calcutta University.

Seminars:

- d) Attended a National Level seminar sponsored by U.G.C. on New Frontiers of Basic & Applied Sciences on 6th and 7th February, 2004.
- e) Participated in the seminar on Woman’s Body – A commodity , on 16.4.2006 organized by Eastern Zonal Psychological Association.
- f) Participated in the seminar on Human Rights Education on 29.9.2001 organized by FIAN-Kolkata chapter (Central).
- g) Participated in a seminar on Development Disability on 14.2.2001 organized by the Department of Psychology, University of Calcutta.
- h) Participated in UGC sponsored Refresher Course in the subject Behavioral Science and obtained Grade A during August 17 to September 5 organized by Academic Staff College, University of Calcutta.
- i) Participated in the UGC sponsored State Level Seminar on Disability: A Battle with Reality organized by Bethune College Calcutta in collaboration with Department of Psychology, University of Calcutta.

- j) Participated in the seminar on Student's Mental Health organized by Department of Applied Psychology, University of Calcutta, as a part of DRS-I (SAP) Project sponsored by UGC.
- k) Participated in a Orientation Programme for Academic Counselors of B.A. and M.A. in Psychology organized by Indira Gandhi National Open University.

Webinars:

- a) Participated in the Webinar on "Dealing with stress among students during Covid-19 Pandemic" organized by Dept. of Psychology, Hiralal Mazumdar Memorial College for Women on 27.05.2020.
- b) Participated in the Webinar on "Parenting/Caregiving in a Pandemic" organized by Dept. of Sociology and Psychology, Hiralal Mazumdar Memorial College for Women in collaboration with Bandhu Foundation on 10.06.2020.

Publications:

Indian Science Congress Association

1. Effect of Role-Conflict on Home-Life and Work-Life of Working Women. 1991, 78th session , P. 73-74.
2. Influence of Home-Life of Married women on their Work-Life. 1995, 82nd session P.48.
3. Relationship between Personality Factors and Occupational Adjustment of Working Women. 1998, 85th session, P.26-27.

Psychological Research Journal

1. Working Women's adjustment in home life and worklife.1989, Vol.13 No.1 P.17-22.
2. Working Women and Role-Conflict.1990, Vol.14, No.1.P.31-36.
3. Factors responsible for Occupational Adjustment.1994, Vol.18, No.1 P.17-24.
4. Women's attitude and Occupational Adjustment.1996, Vol.20 No.1 P.25-30.
5. Personality factors vis-à-vis Occupational Adjustment of Working Women. 1999, Vol.23, P.1-8.

